



**Friday 28<sup>th</sup> March 2025 (7 pages)**

### **ATTENDANCE**

Well done to every year group in the **green!**

<u>YEAR</u>	<u>ATTENDANCE %</u>
RECEPTION	100%
YEAR 1	98%
YEAR 2	100%
YEAR 3	98%
YEAR 4	95%

### **AWARDS AND ACHIEVEMENTS**

Well done to our Superstars Ada and Esme; our Handwriting Heroes Layla, Florrie, Hamish and Effie. Congratulations also to Alfie for receiving the Kindness Award, Charlie H for the Helping Hand Award and both Alice and Jessie for receiving the Perseverance Award. Well done to our Maths Whizzes Spencer and Jenny and our PE stars Laurie and Bertie. All children were given a special sticker and a duck to sit on their desk for the week.



## **PARENT MEETINGS**

Mrs Blythe, Mrs Wilkinson and I have really enjoyed meeting with parents this week. Thank you very much for taking the time to come and talk to us about your child/ren's progress. As always, please do not hesitate to contact us if you have further queries or any concerns or indeed any celebrations about your child's learning and development.



## **ELVIS AND TUFFY THE READING BEARS**

The reading bears are really looking forward to going home with Olivia and Hugo A this weekend.



The reading bears really enjoyed their weekend with Laurie and Esme!





## **WATER SAFETY**

Well done to all the children in Years 1 to 4 who took part in the Water Safety session on Wednesday. Due to the school's proximity to the river, this is a vital part of the children's swimming education and they launched themselves enthusiastically into all the challenges including wearing clothes! There are more action shots on the website.



## **HUMSHAUGH FIRST SCHOOL FACEBOOK PAGE**

Please join our **private** Facebook group to get useful updates, reminders and information about school life.

<https://www.facebook.com/groups/1564281494324194/>

## **REQUEST FROM MISS OSBORNE**

If possible please could all children in **Class 2** bring in a 2.5 litre bottle for Science on Tuesday 8<sup>th</sup> April. Thank you!

## **PE KITS**

Please ensure children have their PE kits in school on **Monday 31<sup>st</sup> March.**

The children in **CLASS 2 are doing Invasion/Ball Games** and the children in **CLASS 3 are doing Hockey**. Both classes will be outside for PE, weather permitting so please ensure they have trainers and a hoody as well as leggings/shorts and t-shirt.

## **FUNDRAISER**

Our **Y1-4 'Nearly New Bring and Buy Sale'** is next Friday. From Monday you can send in a small number of nearly new toys or games in a carrier bag. Please do not feel obliged to send anything in, however we hope to have at least one item per pupil (40 pupils) so they can spend their token.

If possible, please make a small donation via Parentpay-minimum £1 and maximum £10.

All children will have the chance to choose at least one item from the sale regardless of donation.

### **STANDING UP FOR OUR WORLD**

#### **FUNDRAISER**



The children in **Years 1 to 4** would like to fundraise for a local foodbank and an international food charity.

They discussed lots of ideas and decided on holding a

#### **'NEARLY NEW BRING AND BUY SALE'**

The **'Bring and Buy Sale'** will be held on

**FRIDAY 4<sup>TH</sup> APRIL IN THE SCHOOL HALL**

The sale will be **TOYS AND GAMES ONLY – NO BOOKS PLEASE**

Please donate what you can via **Parent Pay-NO CASH REQUIRED**

**ALL children in Years 1 to 4** will be given 2 tokens to spend at the sale regardless of any donation.

\*Please send **no more than one bag of items ONLY** for the sale.

\*Send bags of items in **W/C 31/3/25**

\*Please provide your child/ren with a carrier bag on the day to take home their purchases.



### **CELEBRATING EXTRA CURRICULAR PUPIL ACHIEVEMENTS**

Please let Mrs Long know if your child/ren take part in extra-curricular clubs and activities and achieve awards or prizes. We would love to celebrate and share their efforts and successes.



## **Baby & Toddler Group**



**Tuesday Mornings  
9.30-11.00am  
at Humshaugh First School**

**Everybody welcome - Humshaugh, Wark,  
Acomb, Hexham and surrounding areas**

**Tea, coffee, juice & biscuits provided**

**Email: [admin@humshaugh.northumberland.sch.uk](mailto:admin@humshaugh.northumberland.sch.uk)  
or call 01434 681408 for more information.**



# SMARTPHONE SAFETY TIPS

## for young people

7

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

### NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nose around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

### RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

### TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

### STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

### DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

### IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

### ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

### REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

### THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

### SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.



## **DIARY DATES**

Tuesday 1<sup>st</sup> April:

Friday 4<sup>th</sup> April:

Tuesday 8<sup>th</sup> April:

Thursday 10<sup>th</sup> April:

Friday 11<sup>th</sup> April:

Monday 28<sup>th</sup> April:

Monday 5<sup>th</sup> May:

Wed 14<sup>th</sup>-Fri 16<sup>th</sup> May:

Friday 23<sup>rd</sup> May:

Monday 2<sup>nd</sup> June:

Thursday 5<sup>th</sup> June:

Tuesday 10<sup>th</sup> June:

Friday 18<sup>th</sup> July:

**Baby and Toddler Group-9.30-11.00am**

Y1-4 'Nearly New Bring and Buy Sale'-see poster above

Be You-Friendship Sessions-Reception to Year 4

**Baby and Toddler Group-9.30-11.00am**

Easter Service-St. Peter's Church-9.30am-**Whole school-everyone welcome**

Last day of Spring 2-Break up for Easter

Summer 1 starts

Bank Holiday-School closed

Y4 Residential-Robinwood

Last day of Summer 1

Summer 2 starts

Y1-4 Summer trip to Alnwick Gardens and Lillidorei-more info to follow!

Be You-Resilience sessions

Last day of term-break up for Summer!

# DYNAMOS CRICKET

## Girls Dynamos Programme

- Starting Thursday 8th May
- Contact Ella Martin-Dobson
- Ages 7-11
- 5-6pm
- At Tynedale CC
- Sign up now



**BOOK NOW**



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Tynedale CC

